

This last few weeks I've still been working on the health argument for veganism. This has been taking a long time because it has taken me awhile to figure out exactly what I want to mention. Because of this, I have been also working on the environmental perspective as well as an essay on ancient roman and greek stoicism while I have been stalled on that. Stoicism is exciting because although I do not practice all tenets of it, it is a philosophy that I think has a lot of promise, and learning more of it has been exciting and insightful. As a part of my research I have been reading Meditations, by Marcus Aurelius, a prominent figure in stoic history. Hopefully, I'll get to the publishing of the health argument for veganism soon.

